REF: 0214



Sennie (SEN SPECIALIST/NANNY/MANNY) for B6

Additional needs present: ADHD, Autism & PDA. Sensory Processing challenges & Anxiety	Location: Flamstead and Redbourn, AL3 (near Harpenden / St Albans)	Wage / Salary: £15 – £20 per hour depending on experience Approx £26,000 - £28,288 per annum gross, based on 34 hours per week.	Driver: Essential with use of own car
Live in/out: Live out	Pets: 1 well behaved, medium-sized dog	Days & Hours: ■ Monday – Thursday ■ 8.30am – 5pm □ Ad-hoc overtime available □ Potential to reduce hours in school holidays for the right candidate	Start Date: ASAP

Essential Skills/Traits:

- A great understanding of ADHD, Autism and PDA, confident supporting a child with social / emotional / mental health concerns and demand avoidance
- 2+ years of experience working with Special Educational Needs (SEN) children
- Previous work as a teacher, tutor, learning support assistant or SEN nanny to effectively design a homeschooling curriculum that covers academic, social, emotional, and life skills
- Comprehensive understanding of emotional regulation and the significance of structure, routine, and processing time

About the role/family: SENNIES has an exciting opportunity for an experienced Sennie to work with a wonderful 6-year-old boy who has been diagnosed with ADHD, Autism and PDA, Sensory Processing Disorder and anxiety / demand induced anxiety. The successful candidate will be responsible for building his confidence, providing homeschooling, and supporting his social development through activities in and out of the home.

B6's parents are separated, but they co-parent effectively and are both loving and devoted to their child. The role will be split between two homes, both located within 5–10 minutes of each other, as the child spends 50% of his time at each home. A driver is essential for this position – with their own car to use. The family also has a dog whom B6 adores, and who he likes to have with him in some of his daily activities. Alternative arrangements can be made if the Sennie is uncomfortable with dogs.

About the child/children: B6 is a very bright, bubbly, talkative and energetic little boy who loves colouring, drawing, Lego, being outdoors, Minecraft and learning about Ancient Egypt.

Despite his confident and cheerful demeanour, B6 has faced significant obstacles due to his additional needs, leading to low self-esteem. Nevertheless, he remains motivated to please and learn from those around him. Furthermore, he displays a strong desire for knowledge and demonstrates emotional intelligence. At times, B6 may exhibit behaviours that challenge when dysregulated, such as defiance and demand avoidance of everyday tasks. Therefore, he requires support and guidance from someone who understands how to manage such situations effectively.

When B6 is emotionally dysregulated, he may become very anxious and go into fight, flight or freeze. The best way to support B6 in these situations is to give him space. Once B6 feels regulated, it is important the Sennie will show him love, and empathy and ensure he feels heard and understood. The aim is to prevent these instances of dysregulation by removing triggers where possible, anticipating potentially tricky situations, and collaborating in advance to plan together how challenges can be avoided. B6 thrives with firm but fair boundaries, and it's important the Sennie is confident establishing these (using Visual Timetables and Now and Next boards, for example) from day one.

Sensory and safety checklist: The family have identified that B6:

Resists changes to familiar routine

Is fascinated by shiny objects and bright colours



- Touches the walls of rooms
- Finds it easier to listen when not looking at person
- Remembers routes and places extremely well
- Can memorise large amounts of information on certain topics
- Finds crowded areas very difficult
- Covers ears when hears certain sounds
- Can hear sounds which others do not hear

- Is very distressed by certain sounds
- Likes a hug if chosen to do this
- Very good auditory memory for songs and rhymes
- Dislikes certain foods and drinks
- Hugs very tightly
- Dislikes certain everyday smells
- Really enjoys crunchy food

Key areas for development and support:

- Boosting and providing support for self-esteem and confidence
- Enhancing ability to follow requests, routines, and boundaries
- Improving listening skills and follow-through on requests
- Building confidence with school work and staying engaged
- Maintaining emotional regulation and avoiding anger when faced with perceived unfairness or challenges
- Developing social skills.

Therapies and interventions: B6 is currently supported by a psychiatrist and a psychologist who is working with him on the key areas above, and we hope to find a Sennie who can continue this work in everyday activities. B6 has been seen by an educational psychologist, who has pulled together a plan and strategies for him that the Sennie could use in their work.

Medication: Medixnet (stimulant medication to support ADHD symptoms)

Main duties and responsibilities:

- Planning appropriate activities & outings in term time and the school holidays, with support from the parents
- Taking and arranging B6 to activities, clubs, appointments & play dates
- Providing homeschooling for B6 including bringing forward any key areas for development and planning each day
- Behavioural support and management
- Tidying up areas after use in both homes
- Implementing strategies and/or therapies as set by specialists and using your own specialist knowledge
- Engaging B6 in homeschooling, which will include a variety of his preferred activities, not just academics
- Preparing light lunches

Who this role would suit:

- Someone highly patient and empathetic, possessing a great balance of calming energy and a fun demeanour.
- Someone with the ability to support the B6 in comprehending and adhering to boundaries and expectations, in a manner that is engaging and nurturing.
- Previous work as a teacher, tutor, learning support assistant or SEN nanny to effectively design a homeschooling curriculum that covers academic, social, emotional, and life skills

Lead Recruiter: Anita - Anita@sennies.co.uk

To apply for this amazing role and see the full job description and family preferences, please head to the SENNIES website and fill in our online application form.

If you are already registered, please log in to your online SENNIES account, where you will see if you are a good match for the family/client based on your matching preferences. Please click 'like' for any roles you want to be sent forward for, so we can qualify your application.

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