

Sennie (SEN SPECIALIST MANNY) for B10

Additional needs present: Autism, PDA, EBSA, Anxiety/depression	Location: Islington, N1	Wage / Salary: Approx £28,080 - £31,200 per annum gross	Driver: Not essential
Live in/out: Live out	Pets: Cat(s)	Days & Hours: Term Time (25 hours per week) <ul style="list-style-type: none"> • Monday - Friday 4pm-7pm • Saturday and Sunday 8am-1pm School Holidays (45 hours per week) <ul style="list-style-type: none"> • Monday - Friday 8am-5pm 	Start Date: Ideally November 2024

Essential Skills/Traits:

- 2+ Years SEN Childcare experience
- Understanding of Autism
- Familiarity with supporting older children
- Compassionate and Caring
- Calm, reliable, caring, honest, trustworthy, fun and Nurturing

About the role/family: **SENNIES** is delighted to support a close-knit, warm family of four, with two wonderful children aged 4 and 10. The role will primarily focus on B10, a bright and kind 10-year-old with autism and PDA (Pathological Demand Avoidance). He experiences anxiety and low self-esteem, and while he is incredibly intelligent, social situations and everyday challenges can be overwhelming for him. The family is looking for a Sennie who can provide a nurturing, low-demand environment for him, offering support when needed, without pushing for changes in his routine. B4, on the other hand, is a lively and talkative child with no speech delays. He loves chatting, and though the Sennie may occasionally interact with him, he will mostly be with the family or their other nanny. Therefore, the main focus of this role will be on supporting B10 and ensuring he has the calm, supportive environment he needs to thrive.

The family is seeking someone who can be present for B10 in a way that feels non-intrusive but supportive. The role involves helping him manage his emotions, offering 1:1 attention, and providing co-regulation during activities like gaming, which he enjoys and uses to unwind. Technical troubleshooting and helping with his gaming setup are essential skills, as is simply being there to offer guidance when he feels overwhelmed. The right Sennie will be able to create a positive, understanding environment, allowing B10 to feel safe, respected, and in control. They won't be expected to change his routine but rather be a calm presence who can support him in navigating his day with as little pressure as possible. Someone B10 perceives as "cool" and approachable would be a bonus!

About the Child/Children: B10 is a bright, kind, and thoughtful young man with autism and PDA. While he can mask his struggles well, internally he deals with significant anxiety and low self-esteem. He was homeschooled after burning out in 2022, which has helped him feel more secure, but he still requires daily support to manage his emotions and build his confidence.

B10 has specific needs around sensory integration and co-regulation, especially during activities like gaming. He enjoys gaming as a form of relaxation and requires a calm, low-demand environment where he can feel in control. He needs a Sennie who can help him navigate these moments without imposing too many demands, ensuring he feels supported in his own time. B10 also appreciates "info dumping," where he can share detailed information on topics he loves, and someone who is patient and engaged will help him feel heard and understood. The Sennie's role will be to support B10's emotional regulation, provide reassurance during moments of anxiety, and assist with activities that encourage sensory balance. This involves allowing him free

choice, respecting his need for autonomy, and being present without applying pressure. The goal is not to change his habits or routines but to help him feel safe and confident in the way he interacts with the world.

Key Support Areas:

- Provide a calm, low-demand, nurturing environment.
- Be present to support co-regulation, especially during gaming and challenging moments.
- Assist with troubleshooting and technical support for gaming and other activities.
- Offer emotional support and build trust, allowing B10 to express himself at his own pace.
- Respect his need for free choice and autonomy, working with him on his terms.
- Provide sensory integration support when needed, through activities or just being there for grounding.
- Help build confidence and self-esteem through gentle encouragement and reassurance.
- Create a safe space where he can feel comfortable and relaxed, without feeling pressured.

This role is ideal for someone patient, calm, and understanding, who can connect with B10 in a respectful and supportive way. The family isn't looking for someone to change their dynamic but to enhance the supportive structure already in place.

Sensory and safety checklist: *The family have identified that B10:*

- *Resists changes to familiar routines; Dislikes bright lights; Is startled when approached by others; Can memorise large amounts of information on certain topics; Finds crowded areas very difficult; Prefers to sit at back of group or front of group; Covers ears when hears certain sounds; Is very distressed by certain sounds; Bangs objects and doors; Does not like shaking hands or being hugged; Dislikes the feel of certain fabrics and substances; Seems unaware of pain and temperature; Dislikes certain foods and drinks; Seeks pressure by crawling under heavy objects; Enjoys feeling certain materials; Dislikes certain everyday smells; Likes to have food presented in a certain way on the plate; Really enjoys crunchy food; Finds fine motor movements hard*

B4 is a delightful, energetic, and happy 4-year-old who brings so much joy to his family. He is very active and curious, always eager to explore the world around him. B4 has a love for chatting, maths, and music, which keeps him constantly engaged and ready to learn. His bright and cheerful personality shines through in everything he does, and he thrives when he's kept entertained with activities that stimulate his mind and body. Although his older brother finds it challenging to leave the house, B4 enjoys plenty of opportunities to explore, play, and burn off his boundless energy. Living near some lovely outdoor spaces gives him the chance to enjoy nature, and he loves spending time outdoors. B4 is always excited to discover new things, whether it's a trip to the park or just exploring the garden.

Who this role would suit:

- **Experience with autism and special needs:** Someone who has worked with children on the spectrum, understands sensory integration, and is skilled in managing anxiety and emotional regulation.
- **Patient and supportive:** Able to provide consistent emotional support for B10's co-regulation, confidence-building, and self-esteem, especially considering his struggles with anxiety.
- **Trustworthy and nurturing:** B10 can take time to trust new people, so the role would suit someone who is patient in building relationships and offers a calm, reassuring presence.
- **Adaptable to sibling dynamics:** Balancing the needs of both B10, who struggles with social interaction, and B4, who is very active and engaged, is key. The role requires flexibility and the ability to shift between supporting each child's unique needs.
- **Understanding of homeschooling:** Experience or an understanding of homeschooling dynamics, particularly with children who may need extra patience and motivation to engage in learning.
- **Positive and confident:** Someone who can model confidence and positivity, which will help B10 develop his self-esteem.

Lead Recruiter: Anita - Anita@sennies.co.uk

To apply for this amazing role and see the full job description and family preferences, please head to the SENNIES website and fill in our [online application form](#).

REF: 0281



If you are already registered, please [log in to your online SENNIES account](#), where you will see if you are a good match for the family/client based on your matching preferences. Please click '**like**' for any roles you want to be sent forward for, so we can qualify your application.

REF: 0281

Check out our other open roles: <https://www.sennies.co.uk/current-vacancies>