

Sennie (SEN SPECIALIST/NANNY/MANNY) for B16, B11 and B9

Additional needs present: Autism, ADHD, PDA, Sleep Disorder & Sensory Sensitivities	Location: Kensal Green / Harlesden NW10	Wage / Salary: Approx. £31200 - £34,000 per annum gross depending on experience. <ul style="list-style-type: none"> - Additional £3000 per year overtime if the candidate is available for babysitting - (equates to £34,200 - £37,000 gross) 	Driver: Essential - with clean licence
Live in/out: Live out	Pets: 1 small Dog (very gentle & adorable!)	Days & Hours: Term Time <ul style="list-style-type: none"> ● Monday - Thursday : 3 pm - 9.3 0pm ● Friday: 3pm - 7pm ● <i>Additional 12.5 hours per month of babysitting available, paid as overtime (Ideally 2 late Friday finishes per month)</i> School Holidays - Monday – Friday <ul style="list-style-type: none"> ● 6.5 hours each day, agreed in advance by both the Sennie and Family. 	Start Date: Ideally, Mid June

Essential Skills/Traits:

- Minimum 2 years of SEN childcare experience, specialising in Autism, Sensory Processing Challenges, and ADHD
- Resides locally (maximum 45-minute commute)
- Able to commit long-term
- Personable, empathetic and fun-loving demeanour with a calming presence
- Resilience, flexibility, and adaptability to meet evolving family needs
- Experienced in handling Emotional Dysregulation, Anxiety, and Sleep challenges
- Capable of implementing and providing ongoing support for children's bedtime routines
- Engaging and detail-oriented, confident in liaising with OTs, CAHM'S and other specialists
- Recognition that all child behaviour serves as communication
- Willingness to undergo necessary training provided by SENNIES and external trainers
- Highly organised with the ability to establish routines and structures, while remaining flexible
- Prior experience implementing reward charts, Now and Next and visual timetables

Desirable Experience or Willingness to Train In:

- Conflict resolution
- Pathological Demand Avoidance (PDA)
- Trauma-Informed Care

About the role/family: **SENNIES** is excited to support a family of 5 to find a Sennie to support their three boys, aged 9, 11, and 16. The boys are creative, intelligent, and courteous but may struggle with concealing emotions outside the family circle, leading to anxiety, emotional dysregulation, and sensory differences. The family embraces neurodiversity as a unique way of thinking and is committed to empowering their children through education, self-awareness, and advocacy, aiming to reduce challenges and combat ableism in their environment.

About the child/children: **B16** is an independent, extroverted teenager who identifies as gender fluid. They are known for their strong-willed nature, sense of humour, and creative flair. With a passion for design, interiors, and fashion, B16 is a talented performer in acting, singing, piano-playing, and rapping. They also enjoy crafting scripts and aspire to break barriers in the modelling industry as a gender-fluid fashion model.

B16 has a diagnosis of Autism (with a PDA and Sensory profile) and ADHD. They have challenges with processing mostly auditory and visual information. The areas where they require development and support encompass life skills, organisational skills, and assistance with Pathological Demand Avoidance (PDA).

B11 is a bright and emotionally sensitive boy who loves physical activities. Despite his shyness, he's eager to try new experiences. He enjoys self-taught manga art, reading, gaming, piano, music production, and freestyle rap. Diagnosed with Autism & ADHD, he excels in his small mainstream school but often masks his true self, leading to exhaustion and dysregulation after school. Bedtime anxiety is a significant family challenge, sometimes resulting in hyperactivity or anger.

The family seeks a Sennie to implement new strategies supporting B11's needs and reducing masking at home. Establishing a strong relationship is crucial, as B11 is anxious in new settings and relationships. Key areas requiring support and development include sleep management, emotional regulation, Occupational Therapy (OT) strategies, and building social confidence. B11 struggles with social anxiety, self-consciousness, distractibility, mood swings, and quick shifts to anger, often followed by remorse.

B9 is a delightful, intelligent, and sensitive boy with a great sense of humour. He's an avid sports enthusiast, especially when it comes to basketball and football. He enjoys video games, drawing, and reading. B9 is neurotypical but experiences anxiety, often stemming from his interactions with B11, because when B11 is dysregulated he targets him. He can be a bit inflexible when it comes to trying new things, including food and experiences, and has some sensory sensitivities to consider. Despite this, he's remarkably courteous and generously shares fascinating, lesser-known facts.

His key areas for development and support include emotional regulation and frustration tolerance, as well as building resilience, assertiveness, and managing anxiety, and flexible thinking. When he feels anxious, B9 has a negative outlook on any demands placed on him, such as not wanting to get up and go to school, so ideally, the Sennie would support him in reframing these demands in a more positive way!

Sensory and safety checklist:

B16	B11	B9
<ul style="list-style-type: none"> • Finds it easier to listen when not looking at person • Bangs objects and doors • Seems unaware of pain and temperature • Eats materials which are not edible • Really enjoys crunchy food • Finds it hard to ride a bike • Does not seem to know where body is in space. 	<ul style="list-style-type: none"> • Gets lost easily • Finds it easier to listen when not looking at person • Covers ears when hears certain sounds • Likes a hug if chosen to do this • Dislikes the feel of certain fabrics and substances • Seeks pressure by crawling under heavy objects • Hugs very tightly • Really enjoys crunchy food • Finds fine motor movements hard • Has extremely good balance 	<ul style="list-style-type: none"> • Dislikes bright lights • Finds crowded areas very difficult • Covers ears when hears certain sounds • Is very distressed by certain sounds • Likes a hug if chosen to do this • Dislikes the feel of certain fabrics and substances • Dislikes certain everyday smells • Likes to have food presented in a certain way on the plate • Finds fine motor movements hard • Quite clumsy and bumps into objects and people

Main duties:

- Create visual aids (timetables, meal plans, etc.), implement strategies, therapies, & educational support
- Provide homework help; Support & engage children in daily after-school activities
- Transport children to/from school, activities, clubs, appointments, & play dates
- Manage behaviour & support development
- Organise children's belongings & living spaces
- Perform housekeeping tasks, including tidying communal areas; Assist with mealtimes & clean up
- Wipe down surfaces & maintain cleanliness
- Offer personal assistant (PA) support for the household
- Coordinate with school/specialists & update children's calendars
- Encourage children's independence & engage them in preferred activities

The team at SENNIIES will oversee and support this role, conducting biweekly calls with both the Sennie and the family for the first few months. These calls will ensure smooth operation of the role and timely implementation of discussed strategies.