

Sennie (SEN SPECIALIST/NANNY/MANNY) for B7 & B5

Additional needs present: Autism and possible ADHD	Location: London, SE1	Wage / Salary: Approx £30,000 per annum gross	Driver: Not essential but preferred
Live in/out: Live out	Pets: None	Days & Hours: Approx 25 hours in term time, with additional hours in holidays/inset/sick days. <ul style="list-style-type: none"> ● Monday 2.00pm - 7.30pm ● Tuesday 2.30pm - 8.00pm ● Wednesday (4 hours flexible, to be agreed between Family and Sennie) ● Thursday 2.30pm - 7.30pm ● Friday 2.30pm - 7.30pm (alternate Fridays the boys are with Dad so also flexible) <i>Occasional support for early starts (6 days per annum)</i>	Start Date: Ideally September

Essential Skills/Traits:

- Previous work experience with Autism and ADHD
- Strong communication and organisational skills
- Thoughtful and intelligent
- Energetic and vibrant personality
- Proactive and co-operative - able to work alongside Mum and specialists
- Prior experience working with early years and aiding with education and development
- Ability to create structured play and activities
- Experience / understanding of food allergies
- Positive mindset, approachable and reliable
- Organised and tidy with a sense of humour

About the role/family: **SENNIES** is excited to support a warm, loving family to find a Sennie after a separation. Mum and Dad live in separate homes in the same area, this role will be based at Mum's home, supporting B7 and B5. The Family are a very easy-going Jewish family who enjoy lighting candles together on Friday evenings to welcome in Shabbat. They embrace and celebrate various religions and festivals with their friends and neighbours, including Diwali, Christmas, Chanukah, Halloween, and Valentine's Day. This means lots of celebrations with cookies, snacks, and decorations!

During term time, the Sennies duties will include a very rare morning school run (approximately six times a year), where the Sennie will make B7 and B5's breakfast, help finish getting them ready, and walk them to school. In the afternoons, the Sennie will be required to tidy up the kitchen from breakfast (usually just emptying the dishwasher if it has been run in the morning), prepare B7 and B5's clothes for the next day, make the boy's beds if it wasn't done in the morning, handle cooking and food prep, and get B7 and B5's dinners ready. A shopping list will also need to be made for any needed items. Duties will also include planning activities and helping with homework. The Sennie will need to collect the boys from school, and usually, take them to the park opposite the school, weather permitting. When mum is working from home, she will usually join to pick-up B7 and B5 from school, to see how their day was, give them a big hug, be able to see the teachers, and walk the children to the park with the Sennie before heading back to work. Returning to the family home the Sennie will give B7 and B5 their dinner, participate in playtime, help with homework or homework projects, or take B7 and B5 to any after-school activities like swimming once a week. Both boys usually eat together around 4:45 pm. After dinner, the Sennie will play and join in with activities with B7 and B5, tidy up the kitchen, handle bath time, and help with pyjamas and winding down for bed, including teeth brushing. When mum is working from home, she is usually available

from 5 pm to join in with the boys, taking turns with baths, colouring, writing, etc. When she is in the office away from home, there's a bit more juggling as she typically returns by 5:45/6:00 pm.

During school holidays and inset days, the Sennie will need to plan days out, such as trips to the park, picnics, chilling out or making dens at home. Sometimes, the Sennie will need to take B7 and B5 to and from activities and provide their meals. The boys love being outside, and on sunny days, they enjoy using the paddling pool and water pistols.

The Sennie will be required to support transition management, helping B7 and B5 navigate changes smoothly and providing stability during these times. They will assist with emotional regulation by talking through options to help when the children are in the "red zone," discouraging hitting or lashing out, and encouraging the use of words and other tools for self-regulation. Additionally, the Sennie will work on fostering independence in both B7 and B5, particularly for tasks where they show less motivation to act independently, supporting them in developing the confidence and skills needed to perform tasks on their own.

About the child/children: B7 is a delightful and energetic boy with a boundless curiosity about the world. He excels at riding his bike and enjoys a variety of sports, including football, climbing, and trampolining. His fascination with the world spans the past, present, and future, and he loves understanding how things work. He often takes things apart to see how they fit together and is an avid fan of LEGO. B7 also has a passion for food and enjoys baking and cooking, often pretending to be a chef. He loves water play and has developed a growing interest in colouring, especially when he can choose and print out pictures to colour in. Recently, he has found a love for joke books, particularly those with toilet humour, and enjoys spending time with his family.

At present, B7 has a diagnosis of Autism and possible ADHD. The Sennie will be required to support B7 in managing his emotions, particularly during moments of frustration or when he feels overwhelmed. Teach him strategies to help calm himself and express his feelings in a healthy way.

Sensory and safety checklist: *The family have identified that B7:*

- Is attracted to lights; Touches the walls of rooms; Enjoys certain patterns (e.g. brickwork, stripes); Finds it easier to listen when not looking at person; Remembers routes and places extremely well; Can memorise large amounts of information on certain topics; Finds crowded areas very difficult; Covers ears when hears certain sounds; Can hear sounds which others do not hear; Is distressed by certain sounds; Bangs objects and doors; Is attracted by sounds and noises; Likes a hug if chosen to do this; Dislikes the feel of certain fabrics and substances; Seeks pressure by crawling under heavy objects; Hugs very tightly; Enjoys feeling certain materials; Dislikes certain everyday smells; Finds fine motor movements hard; Has extremely good balance; Quite clumsy and bumps into objects and people

B5 (neurotypical) radiates energy, affection, and joy in everything he does. His passion lies in all things motor-related, ranging from cars to construction vehicles, and his love for music is evident in his enthusiasm for his favourite songs, dancing and singing. His sporting spirit shines through as he dashes around, showcasing his speed in running and gleefully participating in football matches. When he's not on the move, he enjoys the freedom of riding his bike. As an emotional soul, B5 finds solace in stories and thrives in imaginative play. He cherishes his growing independence and takes pride in his ability to do things on his own. His creative side flourishes in building with LEGO, where he constructs his own ingenious creations. Nestled in his cosy corner, he delights in cuddling up with as many plush toys as he can gather on his bed.

The Sennie will be required to assist B5 with his emotional well-being, providing guidance to reduce nail biting. Assisting in fostering independence, particularly during dressing routines. Implementing creative approaches, such as reward charts or turning tasks into games, to encourage cooperation, like challenging him to a quick race to the bathroom when engrossed in play.

As a pair, B7 and B5 are a bundle of fun, demonstrating both loving moments and sibling rivalry. Being only 20 months apart, they can be quite competitive with each other, adding an extra dynamic to their interactions.

Who this role would suit:

- A kind, caring, and positive-minded individual

REF: 0264



- Someone who is comfortable setting clear boundaries
- A Sennie that is full of positive energy and physically fit
- A non-smoker
- Someone who enjoys celebrating life and creating memorable experiences
- A Sennie that is willing to actively engage in activities and come up with creative ideas
- Someone that can work well in a team environment and capable of working sole charge
- Someone willing to assist with home and personal assistant duties related to the boys

Lead Recruiter: Anita - Anita@sennies.co.uk

To apply for this amazing role and see the full job description and family preferences, please head to the SENNIES website and fill in our [online application form](#).

If you are already registered, please [log in to your online SENNIES account](#), where you will see if you are a good match for the family/client based on your matching preferences. Please click 'like' for any roles you want to be sent forward for, so we can qualify your application.

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