

# Sennie (SEN NANNY) for G6, G3 & B3Month

Additional needs present: Autism (Pre-verbal), Pathological Demand Avoidance (PDA)	Location: Newham, London E16 (Near Canary Wharf)	Wage / Salary: £18 per hour gross	<b>Driver</b> : Non-Essential
Live in/out:	Pets:	Days & Hours: Saturday and Sunday • 9 am to 6 pm  *The family are willing to allow the Sennie to have one weekend off a month, should this be more suitable for them*	Start Date:
Live out	None		ASAP

#### **Essential Skills/Traits:**

- Fluent English Speaker
- 2+ years of childcare experience
- An understanding of Autism and PDA and/or willingness to learn
- Personality fit will be of key importance
- · Energetic, fun and engaging
- Positive attitude and outlook
- Open-minded to learn about G6's specific needs and requirements
- Good communicator to be able to interpret G6's needs and also communicate to the parents about G6 and their day together
- Physically fit
- Enjoys the outdoors

#### **Desirable Skills/Traits:**

- First aid training
- Prior experience using Epi-pens
- Prior experience supporting young children and babies

About the role/family: SENNIES is excited to support a family find a Weekend Sennie to care for G6 on a 1:1 basis, to support her in fun weekend activities related to her preferred interests. The family have three children in total, and you may be asked to support the other children during your time there to divide and concur as a team. However, most of the role will be to support G6 on a sole charge 1:1 basis. The family are an Anti-ABA household due to several negative experiences and does not use reward systems. Please do not apply if you wish to use any method of ABA in your childcare practice.

The chosen Sennie must be able to quickly build trust and a meaningful friendship with G6 to ensure she has every opportunity to enjoy her weekends and have fun! This is done by interpreting G6's needs at the moment and allowing her to feel in control whilst being supportive and engaging. It is unhelpful to apply generalisations about Autism, Therapy or PDA when supporting G6, as when you have met one child with Autism, you have only met that one child. The family wants to ensure their weekend Sennie takes time to learn about G6, with the perspective that she is a child first, not just Autistic.

**About G6:**G6 is a fun-loving and energetic child who is very self-directed. Her interests and routine often change every few months, but she loves creating a routine, going on multiple walks each day (if not in school), trampolining, colouring and building magnetic blocks. She also loves to snack throughout the day with safe foods, e.g. mango and rice cakes. G6 may follow a particular routine or interest for several months but then decide that this is no longer of interest – the chosen Sennie will need to be highly adaptable to this and be open to being led by G6, giving her a sense of control.

G6 has a diagnosis of Autism with Pathological Demand Avoidance (PDA). At present, she is pre-verbal and uses single words to communicate. The family have found that visual timetables, social stories, emphasis on certain words and short and simple requests are the best way to support G6 in building upon her independence.

When she becomes emotionally dysregulated, she may scream or display other challenging behaviour. G6 is in nappies at home. She currently receives Occupational and Speech and Language therapy at school with the strategies being continued at home.



G6 needs to consistently exercise her autonomy to feel safe and to ease her anxiety in her daily life. G6 needs consistent and reliable 1:1 care so we are looking for someone who can commit for a minimum of 1 year but hopefully longer! The family have found forming a strong bond with G6 will enable her new Sennie to be in tune with her, read her non-verbal cues and interpret her moods and needs. G6 is the happiest and thrives in a 1:1 setting, and we are looking for a Sennie who can continue to help her flourish!

G6 loves her siblings very much and frequently wants to engage with them. However, she does not always know how to do this appropriately, e.g. she will hug them too hard or want to feed the B3Months her food. G6 needs to be supervised at all times for the safety of her siblings and can never be alone with them at any moment. If the selected Sennie needs the toilet, for example, they must let another adult in the household know to watch the children.

#### G6's key areas for development and support are:

- Supporting her to use words and plan routines with homemade visual cards, social stories and familiar keywords
- Toileting: G6 is currently in nappies at home
- Supporting G6 at meal times she only eats 'Little Dish' meals at lunch and dinner as she is a fussy eater. The Sennie will be required to spoon-feed G6

**About G3:** G3 is a loving and very social little girl who enjoys trampolining and jumping on the bed with her older sister! G3 is Neurotypical but has severe allergies to Tree Nuts (cashews, hazelnuts, pecans, pistachios and walnuts), Fish, Egg & Sesame. She has 2 Epi-Pens, which she keeps with her at all times, along with Citrizine.

## G3's key areas for development and support are:

- Allergies please see the below from the family to support them in keeping G3 safe:
  - Please always be mindful of what's on your hands and skin.
  - Do not take allergens into our household.
  - o If you eat something with allergens before work, please wash your hands thoroughly and wipe areas where allergens have come in contact.
  - Entering our house, please always take off your shoes and wash your hands each time.
  - We have an allergy-free house with the exception of Little Dish Fish Pie, as this is one of G6's Safe Foods. Must be eaten safely and separately in another room and cleaned up sufficiently if eaten at home.

**About B3months -** B3Months is a happy and healthy baby. The mother is still on maternity leave, so it is unlikely that you will be required to care for B3Month.

### Main Duties and Responsibilities:

- Meal planning and preparation (only involves toddler ready meals 30mins oven)
- Creating and/or using visual aids (timetables, meal plans etc.)
- Planning appropriate activities and outings;
- Planning summer holiday activities/timetable
- Nappy changing and Support potty training
- Behavioural support and management
- Upkeep of children's/areas
- Cleaning up after children's mealtimes
- Putting away children's clothes and other items
- Tidying up areas after use such as the kitchen or bathroom;
- · Wiping down surfaces after use
- Engaging children in their preferred activities

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