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# Full or Part-time Sennie (SEN NANNY) and family PA for G10 and G5

| Additional needs<br>present:<br>Autism & ADHD | Location:<br>East<br>Finchley, N2 | Wage / Salary:<br>£15 - £20 per hour gross / approx. £12,480- £31,200 per annum gross<br>depending on hours worked and experience  | Driver:<br>Essential - car<br>available to use<br>on duty |
|---|-----------------------------------|--|---|
| Live in/out:                                  | Pets:                             | Days & Hours:  16 - 30 hours per week depending on the candidates preference & availability  Term Time: Monday to Thursday  - 30 hours per week wrap around care & babysitting  • 7.45 am - 9.45 am AND 2.45 pm - 6.45 pm  • Plus 6 hours of babysitting agreed in advance  OR  - 24 hours per week wrap around care  • 7.45 am - 9.45 am AND 2.45 pm - 6.45 pm  OR  - 16 hours after school care  • 2.45 pm - 6.45 pm  Please state your preferred hours upon application  School holidays:  24 hours per week with the potential for overtime.  Hours may be adjusted due to school closure eg working 10 am - 3 pm or 12 pm - 6 pm. This will be discussed & mutually agreed in advance | Start Date:   |
| Live out                                      | None                              |  | ASAP  |

#### **Essential Skills/Traits:**

- Prior experience working with Autistic children (Ideally aged 8-12)
- Warm, affectionate and fun
- Calm and patient childcare approach
- Energetic, physically fit, motivated and reliable
- Fluent English speaker
- Resilience, particularly around picky eating and behaviours that challenge
- Confident in implementing new routines and communicating new ideas
- Clean, tidy and organised.
- A minimum of 2 years SEN experience
- Paediatric first aid trained or willing to complete/refresh prior to start date

## Desirable Skills/Traits:

- Prior experience working with Picky eaters
- Prior experience and understanding of seizures
- Prior experience with Demand Avoidance

**About the role/family: SENNIES** is excited to support a friendly, relaxed and professional family in finding a Sennie for G10 and G5. They are keen to find a Sennie who can support them before and after school but are also open to after-school hours only or adding additional babysitting hours for the right candidate to increase hours/pay.

Mum and Dad both work full-time for the NHS outside the home, making the consistent implementation of new strategies and resources a challenge at present. They are therefore looking for a motivated and experienced Sennie to become part of their family! The family have described their perfect Sennie as fun, energetic, good at setting consistent boundaries, patient and compassionate, with prior experience working with neurodiverse children either in a home or educational setting.

**About G10:** G10 is a fun, energetic and very sociable little girl who loves swimming, riding her bike, card/board games, puzzles, TV/Screen time (although the family are trying to limit screen time using defined predictable boundaries) and is currently learning to rollerblade!

G10 has a diagnosis of Autism and ADHD. She also has Epilepsy (clusters of seizures), but this is currently controlled with medication, and she has been seizure free for over 3 months. The medications she takes can have significant impacts on her mood, energy levels, and motivation. Therefore, her additional challenges are both emotional and autonomic dysregulation, attention, organisation, speech and language delays, and a restrictive diet (very picky on which foods she will eat, which can often change). Despite this, she is very physically active and capable, loves physical activities and is a joy to be around! Please note that whilst

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seizure/epilepsy Experience is an advantage, training will be provided, and previous Sennies who have not been experienced in epilepsy were able to learn quickly and felt confident and comfortable supporting in this area.

G10 has difficulty understanding social rules/cues and can appear socially younger than she is, which can make it difficult for her to maintain friendships. G10 also finds transitions challenging, particularly entering/leaving the house, moving between activities, finishing an activity and going home. We are looking for a Sennie who can pre-empt and support G10 in these areas using appropriate strategies (including excellent preparation and organisation to reduce time spent in those transitional areas). Mum and Dad have seen great success when using a positive parenting approach, which consists of reducing language around G10, paying attention to changes in her mood and regulation, preventing hyper and hypo arousal where possible and staying mindful of language as G10 can at times be demand avoidant making language key to successfully supporting her in completing every day demands. They currently use Visual timetables/plans at school, which they hope their Sennie will help to implement at home, as well as encouraging the use of Sensory circuits and Sensory / fidget toys.

## G10 key areas for development and support are:

- Consistent administration of strategies in the home to keep G10 regulated (visual timetables, sensory breaks, reducing demands and reducing the use of language)
- Paying close attention to sibling interactions and G10's reactions/stims to preempt sensory overload or outbursts with a view to redirecting or distracting
- Developing on the above to help G10 find coping strategies for these moments (including Zones of Regulation)
- Maintaining a calm, consistent and patient approach to behavioural challenges as a result of the additional needs and medication side effects
- Positive parenting principles, including developing appropriate reward strategies (charts, fun activities)
- Helping her develop her independence both in and outside the home
- Supporting homework and planning varied and tailored educational activities
- Managing G10's difficulties with eating with a flexible, sensitive and resilient attitude
- Supporting G10 with her social and communication skills in developing friendships

**About G5:** G5 is a fun, energetic and kind little girl who can be shyer than her older sister but soon warms up to new people and is affectionate and loving. She has no diagnosed additional needs, but is possibly ADHD and has some sensory differences (clothing and hypersensitive to smells). She is bright and curious and enjoys arts & crafts, and imaginative play but can lack confidence when acquiring new skills (reading, writing) so taking time over these activities, positive encouragement and reassurance are required, and someone who can support her curiosity and educational development is very important. She is more sensitive than her sister and can be the target of her sister's outbursts (although as with any siblings, she is increasingly a cause of them too!). A Sennie who can be sensitive to all of the above, pre-empting and managing these areas as they arise and who can take time with G5 to explore her feelings and experiences is vital. As the younger sibling of a socially dominant Autistic sibling, G5 can find this relationship challenging at times and has emotional needs arising from this.

## Main Duties include: (depending upon hours)

- Getting the children ready for school
- School drop off and pick up for G5 (G10 attend an Autism Resource Provision within a mainstream school and receives transportation to and from school)
- Meal planning and preparation
- Creating/sourcing visual aids to use at home (timetables, meal plans etc)
- Supporting homework and engaging children in after school activities daily (including Organising educational activities)
- Bathtime and bedtime routine
- Planning appropriate activities and outings (including summer holiday activities/timetable)
- Behavioural support and management
- Supporting the children to tidy up after themselves and organise their things, thus building independence

Lead Recruiter: Anita - Anita@sennies.co.uk - To apply for this amazing role and see the full job description and family preferences, please head to the SENNIES website and fill in our online application form.

If you are already registered, please log in to your online SENNIES account, where you will see if you are a good match for the family/client based on your matching preferences. Please click 'like' for any roles you want to be sent forward for, so we can qualify your application.