

# Full-time Sennie (SEN NANNY/CARER) for G8

Additional needs present: Cerebral Palsy, Hydrocephalus (also known as water on the brain) with VP shunts to drain the fluid, Epileptic Seizures (Tonic Clonic and Focal), Sleep Apnoea, Global Development Delay and Stridor (also known as musical breathing)	Location: Putney Heath / Roehampton, South West London (SW15)	Wage / Salary: £15 - £20 p/h - Rate dependant on experience Approx. £31,200 - £46,800 per annum gross	Driver: Essential - WAV Automatic Car provided on duty
Live in/out:	Pets:	Days & Hours: Term Time  Monday - Friday (Approximately 40 - 45 hours p/w):  Monday  • 6.15am - 10.30-11.00am (Before School)  • 2/3pm - 7.00pm (After School)  Tuesday - Friday  • 6.15am - 09.30/10am (Before School)  • 2/3pm - 7.00pm (After School)  School holidays/closures (Approximately 55 hours p/w):  • Monday - Friday :8am - 7pm  Weekends: Occasional weekends required with advance notice  Occasional sole-charge overnight and respite care may be required when the father has to travel for work. THIS INCLUDES WEEKENDS. Advanced notice will be provided and additional time off in lieu the following week will be given. Flexibility is vital for this role due to G8's complex care needs and it being a single-parent household.	Start Date:
Live out	One older dog		ASAP

## **Essential Skills/Traits:**

- Prior experience working with visually impaired children
- Familiarity with seizures, administering both rescue and daily medications
- Calm and patient approach
- Great communication skills
- Health and Hygiene conscious
- Previous childcare experience with sole-charge and shared care
- Great understanding of nutrition and able to cook healthy balanced meals
- Strong organisational skills, meticulous with attention to detail
- Can demonstrate initiative and take a proactive role within the household
- Engaging personality, with an energetic and enthusiastic attitude
- Proven track record of being a quick and proactive learner with a dynamic approach

# Desirable Skills/Traits:

- Prior experience with 'blended diet' meal planning
- Prior experience with manual handling
- Experienced with children with Cerebral Palsy
- Experienced with Wheelchair users
- PEG Feeding/Gastrostomy
- Previous work/experience with the Anat Baniel Method of Neuromovement
- Physically fit and interested in being outdoors and walking
- Computer literate
- Knowledge of other therapies such as Hydrotherapy and Osteopathy

**About the role/family:** *SENNIES* is pleased to be working with a wonderful family to find a Super Sennie to support G8, who has complex health care needs. She is the daughter of a very loving and involved single father, who is extremely passionate about ensuring his little girl receives the best support and quality of life. G8's mother passed away in 2017 and so we are looking to find someone sensitive and conscientious. They are currently implementing the 'Anat Baniel Method of Neuromovement' to help G8 in her everyday life and G8 currently has

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intensive 1:1 movement lessons with an experienced practitioner every month. For the family, it is most important to think about how to engage G8 cognitively, emotionally and physically and place an emphasis on connecting with G8 as an individual and embracing her needs, rather than trying to 'fix' her or the symptoms/traits of her conditions.

The selected Sennie will receive online coaching from experienced practitioners to learn how to better implement the practices of their selected method, offering a fantastic and invaluable learning/training opportunity.

As the family have found real success with the Anat Baniel Method, the selected Sennie must also be open and willing to educate themselves on this practice with books and online course material being made available.

As Dad has been solely responsible for his daughter's care for some time, he is understandably particular in what he feels works best for G8 and therefore the Sennie must be a team player and be willing to follow Dad's lead as much as possible. That being said, he is very willing to hear advice or suggestions from an experienced Sennie, and encourages open and clear communication about G8, her progress and her needs.

#### **About G8:**

G8 is a happy, sociable and endearing little girl, who loves music, swimming and outdoor activities. G8 was born prematurely and contracted meningitis at two days old, which led to a variety of complex health care needs. She has several additional needs including: Cerebral Palsy, Hydrocephalus (also known as water on the brain) with VP shunts to drain the fluid, Epileptic Seizures (Tonic Clonic and Focal), Sleep Apnoea, Global Development Delay and Stridor (also known as musical breathing). G8 is also visually impaired and is blind in her right eye and severely sight impaired in her left eye. The hope is that over time and with the right focus and attention, her eyesight in her left eye will improve. G8 currently attends school full time, 5 days a week at a special school in Southfields.

Due to her developmental delay, G8 cannot walk, talk, roll or sit up independently. She has intermittent head control but is very determined to engage physically and works hard with her movement. Since 2017, G8 has been fed via a PEG tube and whilst she has oral tasters, all of her main nutrition comes from a blended diet. Despite G8's complex needs, with the right approach and support, she will come on in leaps and bounds and is a very rewarding child to work/spend time with.

G8 can be quite shy to begin with due to her sight, however as she becomes familiar with new voices she really blossoms and opens up. She loves gentle touch; being handled with respect and being given time to respond to questions and activities without being rushed. She needs time to process and initiate tasks and activities. She enjoys having the freedom to move and doesn't like being constrained in equipment where possible.

She loves to sit on her Dad's lap and hopefully will also enjoy this type of interaction with her Sennie. She enjoys being read to, engaging with musical toys and she enjoys new smells and new sensory experiences. G8 really likes the outdoors, especially going to the park and being pushed around in her wheelchair. When it's possible again, the Sennie would be able to take her swimming and to the trampoline park, however, it's important to note that G8 must be fully supported in all of her favourite activities.

### G8 key areas for development and support are:

- Improving self-awareness and understanding of the world around her (utilising the Anat Baniel Method of Neuromovement)
- · Helping to improve her oral-feeding for example: transitioning from baby rice to more nutritious tasters
- Supporting and encouraging better sleep patterns
- Developing her vision/visual ability

## Medications:

• For Seizures: Levetiracetam, Sodium Valproate, Clobazam, CBD, Pyridoxine



For Sleep: Melatonin, Promethazine
 For Secretions: Glycopyrronium
 Prophylactic Antibiotics: Azithromycin,

### Other:

- CPAP
- Ad hoc suctioning
- NebulisersChest physio

This is an excellent opportunity for a Sennie with previous experience in caring for children with Cerebral Palsy, who revels in the chance to learn new skills and increase their knowledge and understanding of profound and multiple needs

Being a complex needs child, G8 can often become unwell, though there has been a marked change in this since face masks are being used, meaning G8 will inevitably spend some time in hospital, therefore the Sennie selected must be flexible and comfortable with spending time at the hospital with G8 should Dad need to work - however he will often work from the hospital too so he can be on hand.

It is important that anyone looking after G8 is very clear on and has excellent and up to date understanding about her conditions and pathways, and should be interested to look at options that may help with her progress.

The selected Sennie must be willing to be vaccinated and to wear a mask when necessary due to G8's high-risk vulnerability.

The family are looking for a physically capable, dynamic, proactive and caring Special Educational Needs Nanny/carer.

#### Main Duties include:

- Help with overall development by following the '9 essentials' of the Anat Baniel Method
- Morning routine including breakfast time, reading stories, singing songs, massage, prepping school bag and school drop off (walking or driving)
- Personal care and sensitive handling for/of G8
- Daily medication administration
- School pick up (walking or driving)
- Liaising with teachers and specialists such as the school, nursing team and seizure nurses to ensure interventions
  and therapies are being continued effectively at home
- Engaging G8 in their preferred activities and coming up with ideas for new ones
- Taking G8 to/from appointments and sessions such as the hospital or therapy
- Planning healthy balanced meals and meal preparation of blended diet and tasters
- Bedtime routine bath time included
- Aiding G8 in her key areas of development and coming up with strategies and ideas to do so
- Ordering supplies (repeat prescriptions, syringes, general supplies etc)

Lead Recruiter: Anita - Anita@sennies.co.uk

To apply for this amazing role and see the full job description and family preferences, please head to the SENNIES website and fill in our <u>online application form</u>.

If you are already registered, please log in to your online SENNIES account, where you will see if you are a good match for the family/client based on your matching preferences. Please click 'like' for any of the roles you want to be forward for so we can qualify your application.

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