

### Full or Part time Sennie (SEN NANNY) for G9 and B14

<b>Additional needs present:</b> Anxiety; Autism; Sensory Processing Disorder; ARFID feeding disorder	<b>Location:</b> Earlsfield SW18	<b>Wage / Salary:</b> £17 per hour gross / £31,382 gross per annum for full-time hours	<b>Driver:</b> Essential - Car available to use on duty
<b>Live in/out:</b> Live out	<b>Pets:</b> None	<b>Days &amp; Hours:</b> 35.5hrs per week <b>Term Time</b> <ul style="list-style-type: none"> <li>• Mon - Thurs: 8am - 10am and 2.30pm - 7.30pm</li> <li>• Fri 8am - 12.30pm and 3.30pm -7.30pm</li> </ul> The family will consider a Part-time Sennie (afternoon hours only) if preferred, by exceptional candidates <b>School holidays:</b> Guaranteed 35.5 hours p/w. Hours will vary to align with the school holiday schedule. This will be arranged in advance between the family and Sennie. (e.g 9am - 5pm or 3 days per week working longer hours to support outings) <ul style="list-style-type: none"> <li>• Potential to take on additional babysitting if the Sennie is available throughout the year.</li> </ul>	<b>Start Date:</b> ASAP

<b>Essential Skills/Traits:</b> <ul style="list-style-type: none"> <li>• Personality fit is more important than experience. We're looking for someone who is resilient, enthusiastic, engaging, proactive, has great sense of humour and is passionate about working in or transitioning into working within SEN childcare.</li> <li>• Knowledge and/or experience working with Autism, Pathological Demand Avoidance (PDA) and/or Sensory Processing Disorder (SPD)</li> <li>• Confident cook who is happy to cook healthy meals from scratch</li> <li>• Demonstrable experience implementing routine and structure with a flexible approach to best suit the children's needs</li> <li>• Fluent English speaker and full clean driving licence</li> <li>• Strong communication and organisational skills</li> <li>• Can demonstrate a calm and patient approach</li> </ul>	<b>Desirable Skills/Traits:</b> <ul style="list-style-type: none"> <li>• Interested in Arts &amp; Crafts, Outdoor Activities and Cooking/Baking</li> <li>• Previous experience working as a nanny or in a private family home</li> <li>• Knowledge and experience working with ADHD and/or ARFID Feeding Disorder</li> <li>• Available for additional babysitting</li> </ul>
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**About the role/family:** **SENNIES** is excited to support a loving, warm and close-knit family in finding a sensitive Sennie to support them with their before and after school child care. The family are very involved with the Christian community and both mum and dad used to work as missionaries so whilst the chosen Sennie does not need to be a Christian, it is important they are supportive of the Christian ethos if/when discussing religion with the children/family. Mum is currently a stay at home mother, who would love to be even more involved with her community projects, and Dad is the CEO of a Charity. Both B14 and G9 have additional needs and so it is vital that the Sennie has a strong understanding of how to positively support behavioural needs such as Pathological demand avoidance, ADHD and Autism.

**Please be advised that the following information may be upsetting or triggering for some applicants, CW; child bereavement:** The family have been through a lot together in the last few years after their eldest son sadly passed away unexpectedly. The family are open about the details around their son's passing and are working with a number of charities to advocate in this area, to raise awareness and hopefully reduce the chances of other young people and their families going through a similar situation. They also encourage G9 and B14 to speak about their amazing memories with their older brother who is missed dearly. More information will be shared on the application, please make us aware of any personal experiences that may need to be considered when discussing this role.

**About G9:** G9 is an intelligent, creative and sensitive girl who loves cuddly toys (especially monkeys), arts & crafts (from messy play to creating slimes), creative activities such as building dens/forts and going out shopping. G9 is diagnosed as Autistic, with pathological demand avoidance, sensory processing disorder and avoidant restrictive food intake disorder - she is also likely ADHD.

She has a lot of energy and struggles with sleep, often becoming very hyperactive at night if she has not had sufficient physical activity during the day. She has difficulties with impulse control and processing. For example, if she has set her heart on an activity or object, she will find it difficult to process why she can't do or have that specific thing which can lead to her becoming distressed or frustrated.

G9 has not attended school for the past year due to lockdown and her mainstream school being unable to support her additional needs. She is very articulate and bright but the learning was not being adapted to suit her effectively. She was recently accepted into a fantastic special educational school which she is currently attending part-time to get used to her new school. So far she is really enjoying it and it seems to be a great move for G9.

G9's key areas for development and support are:

- Continuing and expanding upon G9's daily routine to help her with her interoception challenges (G9 doesn't have a strong sense of her own hunger, tiredness, or need to use the toilet. The family have been trying to overcome this by creating a fixed daily routine where G9 goes to the toilet, eats, sleeps etc. at certain times of the day)
- Helping G9 with her emotional regulation as she can become dysregulated leading to meltdowns very easily
- Encouraging G9 to be her authentic self, removing the need for masking in front of strangers as this can make her very exhausted and anxious at the end of the day. Her new school is working on this with her also which is a positive step.
- Creating a supportive, trusting and positive bond with G9 that will hopefully reduce her anxieties
- Supporting G9 to regulate her emotions and de-escalate moments of distress or frustration with distraction and redirection rather than continuing to force subjects or tasks that are causing stress and anxiety.
- Working on G9's executive function around self-care tasks and building independence in a nurturing way for example: reducing stresses around brushing her teeth or eating a meal.
- Using a fun, lighthearted and upbeat approach when requesting or asking G9 to do or not do something

**About B14:** B14 is a bright, loving but quiet teen who is really passionate about computer programming and studying Bible passages. B14 is Autistic and overall is thriving in many areas of life making him generally very self-sufficient, however, he lacks self-confidence. Whilst this role is mostly to care for G9 it is important there is always someone home to greet B14 after school as whilst he is very academically intelligent, he can struggle with some practical tasks.

B14 was very close to his older brother so naturally, he has had a difficult time coping with the family's loss, however recently he has come out on the other side and his mood has improved. It is really important that the Sennie works collaboratively with mum to ensure that both children's needs are met by encouraging one on one time for B14 with his parents and/or the Sennie where possible.

B14's key areas for development and support are:

- Supporting B14 in building upon his independence, particularly his self-care
- Helping B14 in building his confidence and self-esteem
- Considering and caring for B14's social, emotional and mental health

**Main Duties include:**

- Supporting G9 with her morning routine
- School drop off for either G9 or B14 depending on the day (they attend different schools)
- School pick up for G9
- Following and building upon the daily routine to support both children's individual needs
- Cooking - The family often cook 3 different meals per evening due to the children's differing diets so someone who can help out with cooking is essential
- Support the children with their after school/evening routine, particularly G9
- Tidying up after yourself and the children whilst on duty
- Bathtime routine
- Some light household or PA duties may be required if time permits eg. running to the shop, sending or collecting a parcel etc.

To apply for this amazing role please head to the SENNIES website and fill in our online application form. Don't forget to quote reference number 0103.