

Sennie (SEN NANNY/MANNY) for B7 & B5

Additional needs present: Anxiety; Social-Emotional and Mental Health Needs; Trauma (Emotional)	Location: Notting Hill	Wage / Salary: £15 - £18 per hour gross / Approx £17,100 - £20,520 per annum up to a maximum of £23,500 gross per annum if additional housekeeping is taken on	Driver: Essential - Car available to use on duty
Live in/out: Live out	Pets: 1 dog	Days & Hours: <i>Term Time:</i> Monday - Friday - 2.30pm - 6.30 pm <i>School holidays:</i> Monday - Friday - 12:30 to 6:30 Potential for an additional 6 hours of housekeeping is available	Start Date: ASAP

Essential Skills/Traits: <ul style="list-style-type: none"> • Prior experience supporting children with additional needs • Confident supporting behaviors that challenge • Flexible and adaptable, with a patient and nurturing approach • Willing to learn how to best support a child attending therapy • Energy and enthusiasm • Fluent English speaker • Able to commit long term 	Desirable Skills/Traits: <ul style="list-style-type: none"> • Prior experience with Occupational therapy, Behaviour therapy and/or Play therapy • an interest in Drawing; Arts & Crafts; Exercise; Outdoor Activities; Sports; Reading; Meditation/Mindfulness; Painting • Bilingual (Spanish and English)
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About the role/family: **SENNIES** is excited to support a loving family in their search for an after school Sennie! The Parents take a patient, empathetic and forgiving approach which both boys respond well to and they hope to find a Sennie is similar in their approach.

The fathers have been married for over a decade and adopted their wonderful sons (biological brothers) 4 years ago. Sadly before they were adopted they had a traumatic entry into the world as both boys suffered from Neglect.

Both boys have flourished since arriving in a stable home filled with love and show high energy and enthusiasm for life. Both boys are most fulfilled by vestibular and proprioceptive activity. They enjoy school, especially sport and the after school clubs but find their lessons more challenging due to difficulties with executive functioning. Both boys receive 1:1 support at school which has helped to develop their self regulation and to create the correct frame of mind for learning. Both boys attend the same school in Notting Hill and live in West Hampstead which means there is some travel by car involved daily (20 min drive). This may be reduced in 2022 as the family hope to relocate closer to the school.

About B7: B7 is a high energy and sporty little boy who loves football, basketball, gymnastics and Pokémon. Being the eldest of the siblings, he has been affected more than his younger brother and attends intensive private Psychotherapy three times a week. B7's early life has led to emotional regulation difficulties such as difficulty focusing or communicating when he is overexcited/stimulated. B7 is very self-aware and whilst at the moment finds it difficult to self regulate, he always takes time to reflect on his actions and is aware that being 'calm' can take extra effort from him. The family have been working on self-regulation techniques which so far have been

working well and we hope to find a sennie who can support B7 in exploring new ways to self regulate in different settings.

He is extremely bright however struggles academically. He often presents as hypervigilant which is essentially the reason he finds learning more challenging than his peers. In particular, the areas of reading and writing, which require practice and focus and can cause him frustration. That said, B7 thrives when learning is framed in a fun, interactive and engaging way, without pressure or judgement.

B7 key areas for development and support are:

- Regulating his emotions
- Concentration and focus - particularly reading and writing
- Showing empathy towards himself and others
- Communicating in times of excitement
- Self-care and self-love

About B5: B5 is a sporty, inquisitive and cautious little boy who shares the same interests as his big brother such as football, basketball, gymnastics! B5 also finds it difficult to self regulate, however, he has a more consistent temperament than B7. B5 tends to be much less hyper-vigilant and is therefore able to apply himself to activities such as drawing or colouring a little more easily than B7.

B5 key areas for development and support are:

- Regulating his emotions
- Concentration and focus - on tasks he is less interested in
- Self-care and self-love

Main Duties include:

- School pick-up
- Creating / sourcing visual aids (timetables, meal plans, picture exchange etc)
- Planning varied and tailored after school activities
- Planning age and ability appropriate activities and outings during the school holidays
- Taking the children to/from activities, clubs, appointments and therapy
- Behavioural support and management
- Help both boys build upon their independence, self-care and self-regulation strategies
- Homework help
- Help both boys build upon their independence
- Light nursery duties, but with an emphasis on encouraging both boys to tidy up after themselves

Head to the SENNIES website and fill in our [online application form](#) to apply for this fantastic role. If you are already registered, please [log in to your online SENNIES account](#) and send us a message, don't forget to quote the reference number 0111

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