

Understanding and Unflappable After School and Holiday Sennie for G8

Location: Ealing, West London

Wage / Salary: £17- £20 p/h gross dependant on experience / £17,680 - £20,800 per annum (Please note the annual salary is listed only as an approximate guideline)

Driver Essential - A car may be provided on duty depending on the candidate

Live - Out

Essential Skills/Traits:

- Previous work experience with Autism/Autistic children
- A nuanced and varied understanding of Autism
- Playful, fun and happy to join in playing with G8
- Can demonstrate a calm and patient approach
- Strong communication and organisational skills
- Experience supporting Key Stage 2 aged children / school work
- Fluent / Native English speaker

Desirable Skills/Traits:

- Knowledge or understanding of therapies such as speech and language and occupational therapy and how to implement these strategies at home
- Full clean driving licence
- Happy to use own car for transport for after school activities

Pets: 1 cat

Start Date: ASAP

Days & Hours: *20 hours per week - Term time & School Holidays*

Monday - Friday: 3pm - 7pm

Some additional babysitting hours may be requested/required (advance notice given) and further hours during school holidays could be made available for the right candidate.

Some flexibility with hours can be discussed.

About the family: SENNIES are looking forward to finding an understanding, fun loving and supportive Sennie to take care of G8 in Ealing, West London, providing her after school care. The family requires a Sennie who can demonstrate prior experience supporting primary aged children with additional needs who can really understand G8's individual needs and traits. The family are very supportive and care a great deal about ensuring their daughter is being given the right adaptations she needs in order to thrive.

About G8: G8 is a funny, clever and sensitive young girl with varied interests - she loves indoor skiing, is an avid reader, really enjoys imaginative play and water-based activities and building/making things with LEGO.

She will engage with most games or activities, particularly anything non-competitive and where the rules are flexible. When it's not too hot outside, she loves her trampoline and playing with her archery set. She also enjoys dancing but can become a little self-conscious if she thinks she's being watched.

G8 is currently undergoing specialist assessments to determine the best approach, strategies for support and ultimately official diagnosis for G8. It is highly likely that she is Autistic, but it has been suggested that her high levels of anxiety could also indicate Pathological Demand Avoidance.

G8 often has difficulty planning, organizing and filtering information. This can lead to a delayed response to questions and struggles around interpreting social cues which is causing some issues at school. This then leads to meltdowns at home when she is in her safe space and no longer masking. A Sennie who is switched on to how Autistic girls present is essential, as well as some experience with anxiety in children and how best to support them.

The main aim for G8 is to help her reduce her anxiety and support with her processing, which will hopefully in turn, help with her fight or flight reaction to situations when things don't go to plan or how she had imagined them to go in her head. It's important for G8 to be able to reset her emotions and recognize how to rectify with others around her, particularly with her peers, but also with herself as she puts a lot of pressure on herself when it comes to her school work and wanting to complete everything 'perfectly'.

The current approach for G8 is to encourage open communication and let her have her space when needed so that she can self-soothe/self-regulate. It is important that the Sennie understands how to use declarative language and will work together with G8 to give her options rather than make demands of her. She needs a calming influence, who also has the energy to have fun, but knows when to redirect G8 out of repetitive or over excited/stimulated behaviour or away from triggers.

G8's key areas for development and support are:

- Continuing to encourage G8's social interactions and coping strategies
- Positive and patient support through meltdowns and emotional dysregulation
- Supporting G8 with homework/schoolwork
- Understanding her delays with processing and reactions to demands
- Encouraging G8 to try new things with a calm and gentle approach
- Finding strategies for / redirecting G8 when she becomes anxious or frustrated

G8 has an allergy to peanuts and macadamia nuts which is something the Sennie should be mindful/aware of.

About the role: The selected Sennie will provide after school and holiday care on a sole-charge basis. Due to COVID-19 parents may be working from home, however the Sennie should behave as though this is a sole-charge position.

The Sennie should have an understanding and patient approach, whilst also proactively taking an interest in learning about G8 and helping her to discover new tactics that will allow her to thrive and self-regulate in a positive way. The Sennie should be a role model and companion for G8 and encourage her development whilst being aware of her individual needs.

Main Duties include:

- School pick-up daily
- Organising and encouraging play dates

- Taking G8 to after school activities (Driver require for this)
- Preparing Dinner
- Supporting any Occupational or Speech and Language Therapy at home
- Homework support
- Bath time once a week

The family are looking for a patient, proactive and understanding Special Educational Needs Nanny, who can provide fantastic and fun care for their child. The Sennie selected will be able to follow and support therapies and interventions determined by the family (in conjunction with the Sennie) and professionals. A genuine passion for working with children and special educational needs is a must.