

HOUSE RULES

- ✓ **Food** – you are welcome to share in the meals that are prepared for the children – or you are welcome to store food in our fridge for the days that you are here. Please do not use the china or silver cutlery in the cupboard under the island.
- ✓ **Telephone** – you are welcome to use our telephone in an emergency or to call us (local calls only). You will probably find it preferable to use your own mobile in most instances.
- ✓ **Devices** – please feel free to make use of our Wi-Fi with your own device. We have a printer and laminator should you need to print /laminare something related to the role. Please restrict device use while on shift unless specifically related to the children.
- ✓ **Alcohol/drugs/smoking** – Under no circumstances are you to be drunk, hungover or under the influence of drugs while in charge of our children. Please do not smoke in or near our home, and you are not to smoke when in charge of our children or smell of smoke in their presence.
- ✓ **Personal belongings** – I can show you where to keep your personal belongings while on shift. Please do not leave your things lying around, as this quickly contributes to general clutter.
- ✓ **Tidiness** – you are responsible for clearing away any mess created by yours or the children's meals or activities. Similarly, put things away after use. We can show you where things belong.
- ✓ **Personal hygiene** – Please maintain a high standard of personal hygiene, as this is an intimate role, and you are working closely within our family and home. Don't use heavily scented perfumes, colognes, and lotions. These can cause allergic reactions, migraines and respiratory difficulty for others within our home. Wash your hand's first thing upon entering our home, after carrying out personal care and before any feeding.
- ✓ **Visitors** – Please do not invite anyone into our home or to meet our children without clearing it with us first.
- ✓ **Security** – please ensure all the windows and doors are shut and locked and that you put the alarm on every time you leave the house empty. Our insurance is invalid if the alarm is not set. We have an alarm protocol that I will go through with you when you arrive.
- ✓ **General Safety** - please ensure that should you need to leave our child unattended that he is not at risk of falling, hurting or injuring himself with an item in the vicinity (e.g heavy toy, hot radiator). Always stay within earshot.
- ✓ **Out of bounds** - Please do not enter and stop the children from going into the master bedroom, guest room & garage where possible. You and the children will have the entire playroom, kitchen, garden and the children's bedrooms to play and learn in.

Please let us know if you have any medical conditions that would mean you were unable to work with our house rules.

