

Part-time Sennie (SEN NANNY/MANNY) for B7 & B5

Additional needs present: Anxiety; Behaviours that challenge; Social-Emotional and Mental Health Needs; Trauma (Emotional)	Location: West Hampstead and Notting Hill	Wage / Salary: £15 - £18 per hour gross / Approx £17,100 - £20,520 per annum	Driver: Essential - Car available to use on duty
Live in/out: Live out	Pets: 1 dog	Days & Hours: <i>Term Time:</i> Monday - Friday - 2.30pm - 6.30pm <i>School holidays:</i> Monday - Friday - 12:30 to 18:30	Start Date: January 2022

Essential Skills/Traits: <ul style="list-style-type: none"> • Prior experience supporting children with additional needs and/or Trauma (Emotional) • Confident in understanding and handling distressed and challenging behaviours • Flexible and adaptable, with a patient and nurturing approach • An understanding of psychotherapy and how to support a child attending such therapy or a willingness to learn • Energy and enthusiasm • Fluent English speaker • Able to commit long term 	Desirable Skills/Traits: <ul style="list-style-type: none"> • Prior experience with Occupational therapy, Behaviour therapy and/or Play therapy • an interest in Drawing; Arts & Crafts; Exercise; Outdoor Activities; Sports; Reading; Meditation/Mindfulness; Painting • Bilingual (Spanish and English)
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About the role/family: **SENNIES** is excited to support two loving fathers in their search for a part-time Sennie! These parents are fully hands-on with their two young sons and take a patient, empathetic and forgiving approach which both boys respond well to. However, with the ever-increasing list of after school activities, they are searching for an experienced Sennie who can act as an extra set of hands and adopt the same therapeutic approach when caring for their boys.

The parents have been married for over a decade and adopted their wonderful sons (biological brothers) 4 years ago. Sadly before they were adopted they had a traumatic entry into the world as both boys were neglected and abused. This has understandably led to childhood trauma and behaviours that challenge. As traumatised children, they have additional needs (B7 recently received SEN status/funding at school and B5 will likely follow), particularly when it comes to regulation of their emotions.

Both boys have flourished since arriving in a stable home filled with love and have shown high energy and enthusiasm for life. Both boys are very high energy and are most fulfilled by vestibular and proprioceptive activity. They enjoy school, where they participate in lots of after school activities and show no signs of slowing down. However, they find their lessons more challenging due to difficulties with executive functioning. This requires attention from a responsible adult for the majority of the day at school and at home. Both boys receive 1:1 support at school to develop their self regulation and to create the correct frame of mind for learning. Both boys attend the same school in Notting Hill and live in West Hampstead which means there is some travel by car involved daily. This may be reduced in 2022 as the family hope to relocate closer to the school. Ideally, the selected Sennie will be based closer to Notting Hill or happy to commute, so they can continue in the role long term, causing less disruption for the boys if/when the family find the right home.

About B7: B7 is a high energy and sporty little boy who loves football, basketball, gymnastics and Pokémon. Being the eldest of the siblings, he has been affected more than his younger brother and attends intensive private

Psychotherapy once a week. B7's early life has led to emotional regulation difficulties such as difficulty focusing or communicating when he is overexcited/stimulated. B7 is very self-aware and whilst at the moment finds it difficult to self regulate, he always takes time to reflect on his actions and is aware that being 'calm' can take extra effort from him. The family have been working on self-regulation techniques which so far have been working well and we hope to find a sennie who can support B7 in exploring new ways to self regulate in different settings.

He is extremely bright however struggles academically. He often presents as hypervigilant which is essentially the reason he finds learning more challenging than his peers. In particular the areas of reading and writing, which require practice and focus and can cause him frustration. That said, B7 thrives when learning is framed in a fun, interactive and engaging way, without pressure or judgement.

B7 has a 'trauma bond' with his brother which he finds challenging and difficult to process at times. He can often feel triggered if he sees his brother being cared for (which often happened when he was neglected as an infant).

B7 key areas for development and support are:

- Regulating his emotions
- Concentration and focus - particularly reading and writing
- Showing empathy towards himself and others
- Communicating in times of excitement
- Self-care and self-love

About B5: B5 is a sporty, inquisitive and cautious little boy who shares the same interests as his big brother such as football, basketball, gymnastics! B5 also finds it difficult to self regulate, however, he has a more consistent temperament than B7. B5 tends to be much less hyper-vigilant and is therefore able to apply himself to activities such as drawing or colouring a little more easily than B7.

B5 has a high level of empathy for his age which he finds hard to exercise if B7 does not reciprocate (a function of their trauma bond). As mentioned above B5 may soon receive SEN support/funding within the school environment (application pending).

B5 key areas for development and support are:

- Regulating his emotions
- Concentration and focus - on tasks he is less interested in
- Self-care and self-love

Main Duties include:

- School pick-up
- Creating / sourcing visual aids (timetables, meal plans, picture exchange etc)
- Planning varied and tailored after school activities
- Planning age and ability appropriate activities and outings during the school holidays
- Taking the children to/from activities, clubs, appointments and therapy
- Behavioural support and management
- Help both boys build upon their independence, self-care and self-regulation strategies
- Homework help
- Help both boys build upon their independence
- Light nursery duties, but with an emphasis on encouraging both boys to tidy up after themselves

To apply for this amazing role please head to the SENNIES website and fill in our online application form. Don't forget to quote the reference number 0111